

# **My Mercury Amalgam Story**

*by Paul Killmier, Sydney, Australia*

I went to the doctor in 1984 because I was getting really hostile splitting in the corners of my mouth which hurt a lot (I was 14). The doctors didn't know what the problem was and out of desperation prescribed cream. I went from doctor to doctor until I worked my way up to a skin specialist who prescribed anti fungal creams and hydrocortisone. I became heavily dependant on these things and they would heal the splits only for them to recur.

Unemployed, miserable, and socially lacking confidence (and uncomfortable) I was convinced by friends to move from adelaide to sydney. I worked doing manual labour jobs as I had no confidence for face to face dealings and spent my hard earned wages on naturopaths, massage, acupuncture, and chinese herbs and tried anything I could to change my miserable situation.

The doctors I came across were pretentious and superior, and to this day, I have little time for them.

Eventually I was working as a postman and developed RSI (Repetitive Strain Injury) in both hands. I told my boss I'd had enough and that I had tried everything possible to improve my health in the alternative and mainstream form of medicine and that I didn't think I could go on. He suggested I go and see one more naturopath and as this one was consulting for free and that I'd wasted thousands of dollars on all sorts of other things. I thought, "what the hell".

I was definitely suicidal and I walked in and said my mouth hurts, my teeth hurt, I'm always tired and I've had enough: YOU come up with a solution in the next 15 minutes or; do you see that building across the road? I'm going to jump off it.

She realized I was serious and she said open your mouth. Those fillings contain mercury. It's not natural. Get them out.

I never paid that lady a brass razzoo but she was right. And although I asked several dentists who said it was not true, I went to Ross McKay in Sydney and he took my fillings out.

My teeth were badly corroded. I've had twitching and flickering all over my body, chronic pain in my hands, chronic sinus, splitting cracked fingers, headaches, my back is out in two places (according to a chiropractor), and it has cost me a fortune.

It was the best thing to happen to me in 15 years. I'm now 29.

I hate dentists, I hate doctors, and I really, really hate the ADA!

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**For more information, visit the following online resources:**

[MercuryTalk.com](http://MercuryTalk.com)  
[AmalgamIllness.com](http://AmalgamIllness.com)  
[HerbAllure.com/mercuryforum](http://HerbAllure.com/mercuryforum)  
[HerbAllure.com/mms](http://HerbAllure.com/mms)

Visit our Yahoo! group named: "amalgamillness" at this address:  
[health.groups.yahoo.com/group/amalgamillness](http://health.groups.yahoo.com/group/amalgamillness)

Visit our MSN group named: "Mercury Amalgam Illness" at this address:  
[groups.msn.com/MercuryAmalgamIllness](http://groups.msn.com/MercuryAmalgamIllness)